

# Highland Avenue Greenhouse

109 Highland Ave.  
Scarborough, ME, 04074  
phone: 207-883-2861  
highlandavegreenhouse.com

## Cat's Meow Catmint



### Cat's Meow Catmint

*Nepeta x faassenii 'Cat's Meow'*

Height: 20 inches

Spread: 30 inches

Sunlight: ○ ●

Hardiness Zone: 3

#### Description:

This tidy, dense, rounded variety tends to keep its shape all season long; small gray-green leaves are topped with well branched stems, carrying spikes of sky-blue and purple flowers; looks great all season in beds and borders

#### Ornamental Features

Cat's Meow Catmint has masses of beautiful spikes of lightly-scented sky blue flowers with purple calyces rising above the foliage from early summer to early fall, which are most effective when planted in groupings. Its small fragrant pointy leaves remain grayish green in color throughout the season.

#### Landscape Attributes

Cat's Meow Catmint is a dense herbaceous perennial with a mounded form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Cat's Meow Catmint is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting



*Cat's Meow Catmint flowers*  
Photo courtesy of NetPS Plant Finder



*Cat's Meow Catmint in bloom*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Cat's Meow Catmint will grow to be about 16 inches tall at maturity, with a spread of 30 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Cat's Meow Catmint is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It can be used either as 'filler' or as a 'thriller' in the 'spiller-thriller-filler' container combination, depending on the height and form of the other plants used in the container planting. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.



*Cat's Meow Catmint in bloom  
Photo courtesy of NetPS Plant Finder*