

Highland Avenue Greenhouse

109 Highland Ave.
Scarborough, ME, 04074
phone: 207-883-2861
highlandavegreenhouse.com

Walker's Low Catmint



Walker's Low Catmint

Nepeta x faassenii 'Walker's Low'

Plant Height: 12 inches

Flower Height: 16 inches

Spread: 12 inches

Sunlight: ☐ ☒

Hardiness Zone: 3

Ornamental Features

Walker's Low Catmint has masses of beautiful spikes of lightly-scented royal blue flowers with lavender overtones rising above the foliage from late spring to early fall, which emerge from distinctive rose flower buds, and which are most effective when planted in groupings. Its small fragrant pointy leaves remain grayish green in color throughout the season.

Landscape Attributes

Walker's Low Catmint is a dense herbaceous perennial with a mounded form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Walker's Low Catmint is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting



Walker's Low Catmint in bloom
Photo courtesy of NetPS Plant Finder



Walker's Low Catmint flowers
Photo courtesy of NetPS Plant Finder

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Planting & Growing

Walker's Low Catmint will grow to be about 12 inches tall at maturity extending to 16 inches tall with the flowers, with a spread of 12 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Walker's Low Catmint is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.



Walker's Low Catmint foliage
Photo courtesy of NetPS Plant Finder